

CALL FRONT-FINISH LEFT-FORWARD

While heeling, the handler stops forward motion and calls the dog to the front position (dog sits in front and faces the handler). The handler may take several steps backward as the dog turns and moves to sit in the front position. The second part of the exercise directs the handler to move forward while commanding the dog to change from the front position to the handler's left and moving to heel position, as the handler continues forward. The dog does not sit before moving forward in heel position with the handler.

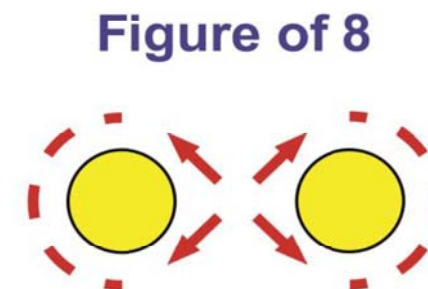
(Stationary exercise)



NZARC N, A, X #1

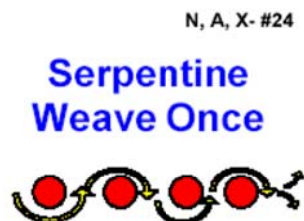
FIGURE OF 8

This exercise requires two large cones or similar markers, placed about 2-3 metres apart, around which the team will perform a complete Figure 8. Entry must be between the markers. Exercise sign may be placed on or near the cone where entry is made into the Figure 8.



SERPENTINE WEAVE ONCE

This exercise requires four obstacles e.g. (posts or cones) placed in a straight line with spaces between them of approximately 2 to 3 metres. The exercise sign is placed near or on the first obstacle where the exercise is started. Entry into the weaving pattern is with the first obstacle at the dog/handler's left side. It should be noted that in this exercise, the team does not weave back through the obstacles as they do in the Straight Figure 8.



CALL FRONT - 1, 2, 3 STEPS BACKWARD

While heeling, the handler stops forward motion and calls the dog to the front position (dog sits in front and faces the handler). The handler may take several steps backward as the dog turns and moves to a sit in the front position. With the dog in the front position, the handler takes one step backward and halts. The dog moves with the handler and sits in the front position as the handler halts. This is followed by the handler taking two steps backward and a halt, and three steps backward and a halt. Each time, the dog moves with the handler to the front position and sits as the handler halts. The handler then commands the dog to resume heel position as the team moves forward toward the next station. **(Stationery exercise)**



HALT - WALK AROUND DOG

With the dog sitting in heel position, the handler commands the dog to stay, then proceeds to walk around the dog to the left, returning to heel position. The handler must pause in heel position before moving forward to the next station. **(Stationary exercise)**



CIRCLE RIGHT - DOG OUTSIDE

Handler will heel the dog in a medium to large right hand circle denoted by markers. *(The dog will be on the outside of the circle when heeling with the dog on the left side of the handler.)*

